

Resources and Intensive Support Services for Children Ages 0-5



2016-17
Edition

Acknowledgements

The purpose of this guide is to have all services available in San Luis Obispo County for children ages 0-5 and their families in one, easy-to-access location. This guide is intended to aid both service providers and community members. This guide is available online at www.first5slo.org

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Modifying this Guide, in whole or in part, is prohibited. For questions or comments regarding the contents of this Guide or to report any outdated information regarding a particular resource entry, please send an email to first5@first5slo.org or call First 5 SLO County at 805-781-4058.

This Guide is created for use by parents and professionals who administer to the needs of children in San Luis Obispo County. Information supplied has been verified to the best of our ability at the time of publication and is subject to change without notice. Mention of organizations, agencies, or programs and services is for information purposes only and constitutes neither an endorsement for nor a recommendation by the contributor(s).

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ALPHA Pregnancy and Parenting Support

Phone # 805-541-3367

Fax # 805-541-4536

Physical Address: 11549 Los Osos Valley Rd, Suite #104, San Luis Obispo 93405

Mailing Address: same

Website: www.sloalpha.org

Program Description: ALPHA provides support and resources to pregnant women and families parenting infants to one year old:

- Maternity & infant clothing and supplies
- Cribs, car seats, cribs and infant equipment
- Formula and baby food
- Postpartum Depression Support Line and therapy referrals
- Classes and support groups
- Educational information on infant development, fetal alcohol spectrum disorder, perinatal and postpartum depression

Hours: SLO: M, T, F 10am-3pm, W 10am-5pm (closed Thursdays)

*Arroyo Grande: 2nd & 4th Thursday noon-3pm

*Atascadero: 1st & 3rd Thursday 11am-12:30pm

*Cambria: 4th Tuesday 4pm-6pm

*Los Osos: 2nd Tuesday 3:30pm-5pm

*Nipomo: 2nd Thursday 10am -11:30am

*Paso Robles: 3rd Thursday 2:30 pm-4:30pm

*(*Satellite addresses listed on the website www.sloalpha.org)*

Fees: free

Eligibility: pregnant or parenting an infant 0-12 months residing in San Luis Obispo County

Area Served: all of San Luis Obispo County

Languages: Spanish and English

Additional Program Information (**optional**):

America's Job Center of California	
Phone # 805-903-1400	Fax # 805-903-1401
Physical Address: 880 Industrial Way, San Luis Obispo, CA 93446	
Mailing Address: same as above	
Website: www.sloworkforce.com	
<p>Program Description:</p> <ul style="list-style-type: none"> • Free services for all job search needs including resource room with office equipment. Computer, copy, fax and scan. • Workshops that provide tools for job search growth. • On site staff ready to guide you in all your job search needs. • Vocational training available through WIOA funds to eligible job seekers. 	
Hours: Monday through Friday, 8:00 am to 5:00pm	
Fees: Free	
<p>Eligibility:</p> <p>Unemployed and underemployed residents of San Luis Obispo</p>	
Area Served: San Luis Obispo County	
Languages: English and Spanish.	
<p>Additional Program Information (optional):</p> <p>Referrals to other community's resources are made when needed.</p>	

Baby's First Breath	
Phone # 805 -781-1562	Fax # 805- 781-1235
Physical Address: 2180 Johnson Ave., San Luis Obispo, CA 93401	
Email Address: mejanderson@co.slo.ca.us	
Website: http://www.first5slo.org	
<p>Program Description:</p> <p>The Baby's First Breath Program (funded by the First 5 Children and Families Commission of San Luis Obispo County) is a "stop smoking program" designed specifically to meet the needs of pregnant women and their families who want to quit smoking. All services are free. Program offers outreach to medical providers and to possible clients to inform them of our services; tobacco cessation targeted to pregnant women and their partners and to families of children 0 – 5; environmental tobacco smoke presentations targeted to daycare providers and to families of children 0 – 5; and health education classes for preschoolers on the dangers of tobacco use.</p>	
Hours:	
Fees: FREE	
Eligibility: Parents and Families age 0 – 5	
Area Served: All San Luis Obispo County	
Languages: English	
Additional Program Information (optional) :	

B.E.S.T. P.A.L.S.

Phone # 805- 550-8799

Fax # 805-772-8246

Mailing Address: Morro Bay, CA 93442

Website: at www.pediatricservices.com – click on **BEST PALS**

Program Description:

Behavior **E**ducation **S**creening & **T**herapy

Parenting **a**nd **L**ife **S**kills

The BEST PALS program provides early intervention services to families with a child having behavioral or developmental concerns from infancy to age 5-11 years. The program offers personalized parenting education, and assessment & intervention for the developmental / behavioral concerns of the child, and access to parenting resources. Weekly visits for up to 3 months by educators trained in early childhood development and education and/ or specialist in the areas of speech and language, physical therapy, sensory integration and occupational therapy. We focus on the child's abilities, strengths and needs, and teach parents methods to help the child gain the necessary school readiness skills. Referrals to other services, physicians or agencies are made when needed.

Hours: 8-5 pm, Monday – Friday- Some classes are taught in the evening.

Fees: There is no charge to families for services. Services are Funded by the: First 5 Commission of San Luis Obispo County

Eligibility: Developmental delay or concerns regarding kindergarten readiness

Area Served: Services are available throughout San Luis Obispo County

Languages: English and Spanish

Additional Program Information (**optional**):

Cal-SAFE and HOPE Program, Lucia Mar USD

Phone # 805-474-3750 x7571

Fax # 805-473-5518

Physical Address: support offered at: AGHS, NHS, Lopez HS, Adult Education

Mailing Address: 1055 Mesa View Drive Arroyo Grande, CA 93420

Website:

Program Description:

School Based support service program for expectant or parenting students both male and female and their children.

Hours: 8-4 Monday through Friday during the school year

Fees: free

Eligibility:

For acceptance: expectant or parenting student without a high school diploma 18 years and under. Can receive services until one semester beyond their 19th birthday. Students with active IEP can receive services until 21st birthday

Area Served: Lucia Mar Unified School District : Shell Beach, Arroyo Grande, Pismo Beach, Oceano, Nipomo, Grover Beach

Languages: English and some Spanish

Additional Program Information (**optional**):

Court Appointed Special Advocates of SLO County (CASA)	
Phone # 805-541-6542	Fax # NA
Physical Address: 75 Higuera Street, Suite 180, San Luis Obispo, CA 93401	
Mailing Address: same as above	
Website: www.slocasa.org	
<p>Program Description:</p> <p>CASA volunteers are appointed by a judge to discover the best possible outcome for an abused or neglected child’s future. It is the goal of the CASA volunteer that every one of these children receive the care and services they need to thrive and to see them placed in a safe, loving, forever home. A CASA volunteer is often the most stable adult in an abused child’s life. Volunteers come from all walks of life and are trained to review records, research information and talk to everyone involved in the child’s life: social workers, attorneys, judges, parents, teachers, family members and, of course, the children themselves, who benefit from having a consistent, caring adult mentor and role model. CASA volunteers who receive additional specialized training also serve infants and toddlers. CASA Mentors serve young adults who have left foster care and asked for a mentoring relationship to help them as they begin their adult lives.</p>	
Hours: Monday-Friday 9-5	
Fees: free	
<p>Eligibility:</p> <p>Abused or neglected children in the court system</p>	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
Additional Program Information (optional):	

Center for Family Strengthening (AKA San Luis Obispo County Child Abuse Prevention Council)

Phone # 805-543-6216

Fax # 805-543-6216

Physical Address: 1110 California Blvd. #B, San Luis Obispo. CA 93401

Mailing Address: Same as physical address

Website: www.cfsslo.org

Program Description:

1. Partnership for Excellence in Family Support, a network of family resource centers
2. Beginnings, a perinatal substance abuse collaborative-
www.beginningsofslo.org
3. Kidz Toolbox for Personal Safety- child personal safety program.
4. Parent Connection www.sloparents.org
5. Postpartum Depression Support Line - Call 1-805-541-3367
6. Promotores Collaborative of San Luis Obispo County
7. Dental Care for Kids
8. Central Coast Breastfeeding Coalition

Hours: M-F 9-5

Fees: N/A

Eligibility: N/A

Area Served: Entire Population of San Luis Obispo County

Languages: Materials in English and Spanish

Additional Program Information **(optional)**:

Central Coast Autism Spectrum Center	
Phone # 805-763-1100	Fax # 805-456-7891
Physical Address: N/A	
Mailing Address: P.O. Box 3417, San Luis Obispo, CA 93403	
Website: www.autismspectrumcenter.com	
<p>Program Description:</p> <p>Provides services for individuals with autism spectrum disorder (ASD) and their families. Programs serve all age groups. Workshops and meetings help to educate and raise awareness of ASD. Providers and other professionals learn about different strategies and interventions. Support groups provide families with the opportunity to interact with other families caring for children with ASD. Special day camps and clubs give children the chance to participate in a variety of activities, while building social skills. Adults with ASD may receive help gaining life skills and finding employment.</p>	
Hours:	
Fees: No cost	
Eligibility: All individuals with ASD and their families	
Area Served: San Luis Obispo County	
Languages: English	
Additional Program Information (optional):	

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Child Care Programs for Income-Eligible Families

COUNTY OFFICE OF EDUCATION: Rosario Mora @ 805-782-7275

Operates the CA State Preschools at these locations:

California State Preschool SAN MIGUEL: Lillian Larsen Elementary
California State Preschool PASO ROBLES: Winifred Pifer
Paso Robles Frist 5 Preschool: Georgia Brown Elementary
California State Preschool Paso Robles: Bauer Speck Elementary
California State Preschool Atascadero: San Gabriel West Elementary
California State Preschool Grover Beach: Grover Beach Elementary
Oceano First 5 Preschool: Oceano Elementary
California State Preschool Nipomo: Nipomo High School

CA State Preschool: Learn.Connect.Play. Foundation Preschool , San Luis Obispo : **Call 805-471-PLAY (805-471-7529)**

P.R.Y.D.E. PROGRAM: Sue Jasper @ 805-769-1100 x 33001; Ana Maria Juarez (bilingual) @ 805-769-1100 x 33003

Operates BEFORE AND AFTER SCHOOL CARE at the school sites listed below.

This program enrolls only children attending school in the Paso Robles Joint Unified School District

Bauer Speck Elementary
Georgia Brown Elementary

Kermit King Elementary
Winifred Pifer Elementary

Virginia Peterson Elementary
Pat Butler Elementary

SLO CHILD DEVELOPMENT RESOURCE CENTER: 805-544-0801

Operates a full day/year round center at 1720 Bishop Street in San Luis Obispo.

This program enrolls children in the following age groups:

Orfalea Family & CalPoly ASI Children's Center : 805-756-1267

Operates full day programs with priority to CalPoly Students

CAPSLO (formerly EOC) has multiple child care programs including:

Atascadero Head Start
Cambria Children's Center
Children's Waiting Room Head Start - San Luis Obispo
Cielito Migrant and Seasonal Head Start
Cuesta Head Start & Early Head Start
Five Cities Head Start – Oceano
High Street Head Start – San Luis Obispo
Las Vinas Migrant and Seasonal Head Start – Shandon
Oceano Migrant Children's Center
Paso Robles Head Start
Sequoia Child Development Center – Morro Bay
Sunnyside Head Start – Los Osos
Vinitas Migrant Head Start - Shandon
Nipomo Head Start
Step by Step Early Head Start – Arroyo Grande
Strive Infant Center – Paso Robles

CAPSLO FAMILY CHILD CARE OPTION: 805-544-4355

CAPSLO Early Head Start, General Child Care, and Migrant and Seasonal Programs also contracts with private Family Day Care Providers countywide.

For a free list of child care programs county-wide, contact the CAPSLO Child Care Resource Connection at 805-541-2272 or toll free at 888-727-2272

www.findchildcareslo.capslo.org

Child Care Resource Connection (CAPSLO) – Alternative Payment Program

Phone # 805-541-2272

Fax # 805-541-0141

Physical Address: 805A Fiero Lane, San Luis Obispo, CA 93401

Mailing Address: same

Website: ccrc.capslo.org

Program Description:

Assist eligible low-income families to pay for child care. There are two avenues to apply for assistance in paying for child care. Families admitted to **Alternative Payment** Programs funded by the California Department of Education must meet need and income requirements.

Families may be referred by the local Department of Social Services for **CalWORKs** (*California Work Opportunity and Responsibility to Kids*) **Child care** in order to fulfill their Welfare to Work Plan. To pursue this avenue a family must apply at their local Department of Social Services.

You may also apply for our waiting list at our website.

Servicios disponibles en español

Hours: 8:00AM – 5:00PM evenings and weekends as needed

Fees: None

Eligibility: Based on income, family size, and need

Area Served: San Luis Obispo County

Languages: English & Spanish

Additional Program Information (**optional**):

San Luis Obispo - (805)781-1600

Arroyo Grande - (805)474-2000

Atascadero - (805)461-6000

Nipomo – (805)931-1800

Paso Robles – (805)237-3110

Child Care Resource Connection (CAPSLO) Child Care Planning, Referrals, Toy and Resource Lending	
Phone # 805-541-2272	Fax # 805-541-0141
Physical Address: 805A Fiero Lane, San Luis Obispo, CA 93401	
Mailing Address: same	
Website: ccrc.capslo.org	
<p>Program Description:</p> <p>Free child care planning and referral service to connect parents and guardians with child care programs available to meet their needs. Online referrals available at http://findchildcareslo.capslo.org</p> <p>The Child Care Resource Connection also maintains a public lending library of educational resources, equipment and toys all devoted to children, their growth and development.</p> <p>Servicios disponibles en español</p>	
Hours: 8:00AM – 5:00PM evenings and weekends as needed	
Fees: None	
Eligibility: None	
Area Served: San Luis Obispo County	
Languages: English & Spanish	
Additional Program Information (optional):	

Child Care Resource Connection (CAPSLO) Provider Training, Consultation and Supportive Services	
Phone # 805-541-2272	Fax # 805-541-0141
Physical Address: 805A Fiero Lane, San Luis Obispo, CA 93401	
Mailing Address: same	
Website: ccrc.capslo.org	
<p>Program Description: Promote accessible quality early learning experiences for children by building our county’s capacity to serve children in child care and by providing educational opportunities including group training, consultation and on-site technical assistance. Individualized guidance through the family child care licensing process is provided at no cost. Training and technical assistance typically cover child growth and development, health and safety, and the business aspects of child care.</p> <p>The Prevention and Early Intervention Program is a specialized training that enable us to partner with privately funded child care centers and family child care homes to build problem solving, social, emotional and behavioral skills for children between the ages of two and six.</p> <p>CAPSLO is Sponsor of the Child Care Food Program and can provide reimbursement to offset the cost of meals served to children in family child care programs.</p> <p>Servicios disponibles en español</p>	
Hours: 8:00AM – 5:00PM evenings and weekends as needed	
Fees: None	
Eligibility: None	
Area Served: San Luis Obispo County	
Languages: English & Spanish	

Child Development Resource Center	
Phone # 805-544-0801 ext. 10	Fax # 805-544-2611
Physical Address: 1720 Bishop Street, San Luis Obispo, CA 93401	
Mailing Address: same	
Website: www.childrensresource.org/forms.html	
<p>Program Description:</p> <p>The Child Development Resource Center of the Central Coast (CDRC) is a nonprofit organization and community program providing child development and therapy programs to strengthen families. CDRC has earned special commendations as an exemplary early prevention and intervention program from the California State Department of Education for our unique “wrap around” child development/mental health and family services, and for outstanding community support and involvement in the program. CDRC also works in partnership with families by involving them as the most important people in their children’s lives and basing the program on their needs. Overall, we hope to assist children and families in their efforts to have positive, meaningful, and healthy family relationships. In addition to our full-day child care and therapy program for children ages 2 to 5, we also provide a school readiness/transition program for children entering kindergarten. Our professional staff provides family counseling, group & individual play therapy for children, administration of our child nutrition program, which provides 80% of each child’s daily nutritional needs.</p>	
<p>Preschool -The Child Development Resource Center is a non-profit organization providing child care to children ages 2-5. We accept applications throughout the year and begin our year-long program each July. Tuition for our program is just \$750 per month for full-time students (8:30 a.m. to 4:30 p.m.) or \$450 for part-time students (8:30 a.m. to noon). Daily full and part time rates are also available. Both programs include breakfast and lunch, and full-time children also receive an afternoon snack. Extended hours are feasible with advance notice. Scholarships and financial aid are also available for families who qualify.</p>	

If you would like to apply for enrollment with our center, you will need to fill out a childcare application. You can pick an application up at our Bishop St. location or download the application from the website:

www.childrensresource.org/forms.html

Therapy – The primary purpose of play therapy sessions is to provide individual time and attention and to facilitate communication with each child. Our specially equipped play therapy rooms provide a space where the child can feel free to communicate through play their feelings, safety issues, and social conflicts. The therapist facilitates communication to the child through the play medium an image of the child’s worth, appropriate social interactions, and self-survival skills. The atmosphere encourages trust and helps the non-disclosing child toward disclosure when appropriate. The program helps the child build a positive image of self, the world, and his/her own family. The program counteracts the message often given to children who can not yet understand the complex relationships in the world, “don’t feel, don’t trust, and don’t talk.”

Individual therapy is provided for children, teens, and adults who are able to verbally communicate their thoughts and feelings. Sessions can include one or more people in the family, and decisions are made about the course of treatment throughout the time seen with the client on an ongoing basis. CDRC accepts some Medi-Cal Clients or uses a sliding scale for all others. To learn more about our programs or make an appointment, call (805) 544-0801 x28.

Additional Program Information (**optional**):

SLO County Public Health - Child Health & Disability Prevention Program	
Phone # 805-781- 5527	Fax # 805-781- 4492
Physical Address: 2180 Johnson Avenue, Health Campus Annex, SLO, CA 93401	
Mailing Address: same as above	
<p>Program Description:</p> <p>Local private pediatricians who accept Medi-Cal and the pediatricians and providers at Community Health Centers of the Central Coast provide CHDP Health Assessment and immunizations. Children 0-21 yrs. eligible for CHDP services are from low-income families or have Medi-Cal (CenCal). If the children have Medi-Cal (CenCal) they also have Denti-Cal.</p> <ul style="list-style-type: none"> • Provides free physicals and oral health assessments at or below 266% of the Federal Poverty line, to help children stay healthy, find health problems early, and receive referrals to specialists. • Offers well child examinations that focus on disease prevention for infants, children and teens; also available for school entry, sports/camp physicals and foster care placements. • Includes a complete health history, head-to-toe physical exam, nutrition information, vision and hearing tests, immunizations, tuberculosis (TB) tests, lab tests, and health education. <p>The County CHDP Administrative unit facilitates the implementation of State Standards and Guidelines, and assists families in locating providers and making appointments and assisting parents establish a dental home.</p>	
Hours: 8-5:00 pm Monday through Friday for Administrative Unit	
Fees: Free to eligible children	
Eligibility: Based on self-attest income and family size for children in families.	
Area Served: Statewide program.	
Languages: English and Spanish	
Additional Program Information (optional): No citizenship requirement	

SLO County Public Health – Field Nursing

Phone # 805-788-2068

Fax # 805-781- 1372

Physical Address: 2191 Johnson Avenue, SLO, CA 93401

Mailing Address: same as above

Program Description:

Public Health Nurses provide in-home visitation and case management services to pregnant women and parenting families. Nurses assist families with supporting their child’s development, access to community resources, learning parenting skills and developing future goals.

Some of our nurses specialize in:

- Teen pregnancy
- Low birth weight or failure to thrive babies
- Difficult parent/child relations
- Tobacco, drug and/or alcohol exposure to mother and baby
- Possible birth defects

Hours: 8-5:00 pm Monday through Friday for Administrative Unit

Fees: Vary depending on services

Eligibility: Based on self-attest income and family size for children in families.

Area Served: San Luis Obispo

Languages: English/Spanish on site; translation services available in other languages

Additional Program Information **(optional)**:

SLO County Public Health – Clinic Services

Phone # 800-660-3313

Fax # 805-781- 5543

Physical Address: Clinics in San Luis Obispo, Paso Robles, Grover Beach

Mailing Address: 2191 Johnson Avenue, SLO, CA 93401

Program Description:

Clinic services include immunizations, lead and tuberculosis testing and treatment. We participate in the Vaccines for Children program which ensures children can receive required immunizations regardless of ability to pay.

Vital Records, located in the San Luis Obispo office, provides birth certificates for the past two years. Records prior to two years can be retrieved through the Clerk-Recorders office in San Luis Obispo.

Hours: Vary depending on location

Fees: Vary depending on services

Eligibility:

Area Served: San Luis Obispo County

Languages: English/Spanish on site; translation services available in other languages

Additional Program Information (**optional**):

SLO County Public Health – Health Promotion

Phone # 805-781-5564

Fax # 805-781- 4492

Physical Address: 2180 Johnson Avenue, Health Campus Annex, SLO, CA 93401

Mailing Address: same as above

Program Description:

SLO County Public Health operates a variety of programs that support child and family wellness:

- Injury Prevention – includes Child Safety Seat education and distribution
- Oral Health Program – includes children’s dental screenings and fluoride application, family oral health education, and treatment referrals
- Tobacco Control - program that works on local tobacco control efforts and motivates users to quit tobacco. (see separate listing for Baby’s First Breath program for families with children prenatal to age 5)
- Women Infants and Children (see separate listing)

Hours: 8-5:00 pm Monday through Friday for Administrative Unit

Fees: Free to eligible children

Eligibility:

Area Served: SLO County

Languages: English and Spanish

Additional Program Information (**optional**):

Children's Resource Network of the Central Coast

Phone # 805-709-8673

Fax # n/a

Physical Address: multiple addresses

Mailing Address: P.O. Box 454, Pismo Beach, CA 93449

Website: www.ChildrensResourceNetwork.org

Program Description:

CHILDREN'S CLOSET: Provides free clothing, school supplies, diapers, and other basic resources for children ages newborn – preteen.

TEEN CLOSET: Provides free clothing, school supplies, other basic resources for teen-sized youth.

TRAVELING CHILDREN'S CLOSET: A traveling trailer stocked with children's clothing, school supplies, diapers, and at holiday times Halloween costumes. Host annual Christmas/Holiday Toy Giveaways

Hours: See our calendar on website for all program locations events, walk-in schedules times, days, and addresses.

Fees: All programs are free

Eligibility: No qualifying or referrals necessary. Our programs are available to any family or child in need.

Area Served: San Luis Obispo County/North Santa Barbara County

Languages: English/Spanish/Mixteco

Additional Program Information (optional):

Join newsletter for updates. Advocates and families can also use our online request form located on home page of website.

Coastal Family Resource Center	
Phone # 805-235-6610	Fax # 805-543-6567
Physical Address: 880 Manzanita, Room 18, Los Osos, CA 93402	
Mailing Address: same	
Website: www.coastalfrc.org	
<p>Program Description:</p> <p><u>Mission & Vision:</u></p> <p>To nurture and support healthy families through a collaboration of community organizations. The Coastal Family Resource Center envisions a community where:</p> <ul style="list-style-type: none"> • every child has a secure and happy home • every parent has the knowledge, skill, and support needed to create and maintain such a home • every family has access to and knowledge of the resources available to the community • the community as a whole is committed to nurturing and strengthening families in a responsive and empowering way • healthy families enhance the well-being of communities <p><u>Services Offered:</u> Walk-in referral and family support, parenting classes and free and low cost counseling, bilingual family advocate, 0-5 Health Navigator , WIA, T-MHA Youth Family Partner, ALPHA Pregnancy and Parenting Support, Kinship and Parent Participation Classes</p>	
Hours: Monday-Friday, by appointment.	
Fees: dependent on service provided.	
Eligibility: all children and families are eligible 0-19	
Area Served: Los Osos and Morro Bay	
Languages: English and Spanish	
Additional Program Information (optional) :	

Community Counseling Center

Phone # 805-543-7969

Fax # 805-543-0859

Physical Address: 1129 Marsh Street San Luis Obispo, CA

Mailing Address: 1129 Marsh Street San Luis Obispo, CA

517 13th Street Suite 203 Grover Beach, CA

301 S. Miller Street Suite 112 Santa Maria, CA

Website: www.cccslo.com

Program Description:

Community Counseling Center is a non-profit organization that provides short-term, low-cost, professional counseling for individuals, couples and families who would not otherwise be able to afford it. Most clients have no insurance and a low to moderate income. Volunteer counselors see children, adolescents, and adults of all ages with a variety of problems, including: anxiety, depression, eating disorders, marital and family issues, parenting, gay/lesbian issues, anger, grief, phobias, stress, and transitional issues that can be helped by short-term counseling. We have no walk-in clinic for emergency situations nor do we address chronic mental health problems.

Hours: Please call 805-543-7969 to schedule an appointment at any of our four locations or send us an email at director@cccslo.com.

Fees: Services are typically fee based, on a sliding scale according to each client's net household monthly income and ability to pay. Additionally, CCC now accepts CenCal/Medi-Cal insurance coverage through a partnership with the Holman Group, a private managed care agency contracted by CenCal to implement the Affordable Care Act Mental Health benefit. The CenCal/Medi-Cal benefit is available to individuals (no couples or family) with "mild to moderate" issues and can be utilized for longer term treatment based upon medical necessity. CCC coordinates a panel of over 20 agency providers that are credentialed by the Holman Group to provide therapy to the Medi-Cal/CenCal population on the Central Coast. The benefit typically offers clients full coverage without any out of pocket co-pay required. In some instances clients have forms of Medi-Cal that only offer shared cost coverage.

Eligibility: Community Counseling Center provides services to children, adolescents, and adults of all ages with a variety of problems including: anxiety, depression, eating disorders, marital and family issues, parenting, gay/lesbian issues, anger, grief, phobias, stress, and transitional issues that can be helped by short-term counseling. We do not have a walk-in clinic for emergency situations nor do we address chronic mental health problems whose conditions are not appropriate for short-term counseling such as: substance abuse, sexual abuse, domestic violence, custody cases and chronic mental illness. No one is denied services on the basis of race, color, creed, religion, national origin, age, gender, sexual orientation, marital status, physical or mental disability. Persons who are financially able, through income or private insurance coverage, to use private services, are offered referrals. Those with needs beyond the scope of CCC are given appropriate community resources with strengths in those service areas.

Area Served: Santa Maria, Grover Beach, San Luis Obispo and Paso Robles

Languages: English and Spanish

Additional Program Information (optional):

Community Counseling Center is staffed by qualified, state-licensed, therapists or graduate level, supervised interns and trainees. The primary purpose is to assist individuals and families to develop the ability to find choices and make changes when life becomes difficult during times of transition, confusion, depression, stress or grief. No one is denied services on the basis of race, color, creed, religion, national origin, age, gender, sexual orientation, marital status, physical or mental disability.

Creative Mediation	
Phone # 805-549-0442	Fax # 805-549-0654
Physical Address: 285 South Street, Suite J, San Luis Obispo CA	
Mailing Address: Same as above	
Website: www.creativemediation.net	
Program Description: Custody Mediation	
Hours: Monday thru Friday: 8:30am-4:30pm	
Fees: A Custody Mediation is: \$75.00 Intake fee and \$400.00 for a 3 hour session	
Eligibility:	
Area Served:	
Languages: English and Spanish	
Additional Program Information (optional):	

**Cuesta College Children's Center Program SLO &
North County Children's Center**

Phone # SLO: 805-546-3285
 NCC: 805-591-6292

Fax # SLO: 805-546-3285
 NCC: 805-591-6295

Physical Address: 4000 Chorro Valley Road, San Luis Obispo, CA 93405
 NCC: 2800 Buena Vista Drive, Paso Robles, CA 93446

Mailing Address: SLO – P.O. Box 8106, San Luis Obispo, CA 93403-8106
 NCC – Same as above

Website: http://www.cuesta.edu/student/servs_classes/childrenscntr/

Program Description:

Location: Building 4000, SLO campus; (805) 546-3285.

Building N4000, North County Campus, (805) 591-6292.

The Cuesta College Children's Centers programs are laboratory schools for Early Childhood Education degree students to complete their teacher training courses. Cuesta College has two children's lab programs, at the San Luis Obispo campus, and at the North County campus in Paso Robles. These programs are licensed, planned, facilitated, and operated by Early Childhood Education professional staff and administration.

Our Early Childhood Education Children's Center laboratory program follows the campus academic calendar, closed for national holidays, campus holidays, and campus Board holidays, and during semester breaks. We are licensed for children from 18 months to five years of age. Priority for enrollment is student parents attending Cuesta College classes, then Cuesta faculty & staff, and the community at large.

The second week of fall and spring semester we start a new waiting list. In August the new list is for the following spring semester, and in January the new list is for the following summer and fall semesters. The Cuesta College Children's Programs are fee based. You can find out more about our programs, and fees, from the Cuesta College Home Page web site for the Children's Center programs.

Families have been helped financially through the Community Action Partnership of San Luis Obispo (CAPSLO), Child Care Resource Connection (CCRC). To find out if you qualify for help with child care fees, please call CCRC and ask about the subsidized child care program. (805) 541-2272.
Hours: Monday – Friday, 7:30am – 5:30pm
Fees: Check website for sliding fees scales
Eligibility: Students; Cuesta College Staff & Faculty; Community
Area Served: San Luis Obispo County
Languages: English
<p>Additional Program Information (optional):</p> <p>Cuesta College Children’s Center Early Childhood Education Laboratory Programs are hands on learning classrooms where ECE teachers are working towards degrees in ECE; supervised and administrated by degreed ECE staff and faculty.</p>

Family and Community Support Services Division – CAPSLO

Phone # 805-544-4355 x 216

Fax # 805-541-1264

Physical Address: 1030 Southwood Drive, San Luis Obispo, CA 93401

Mailing Address: same

Website: www.capslo.org

Program Description:

Programs provide: parenting education, support father involvement, advocate for the needs of children & families and provide resources and referrals for support services.

Direct Services & Parent Education: Community response partner with the Department of Social Services / Child Welfare Services to provide prevention services to keep children safe, healthy and at home for families at risk of child abuse and neglect.

Hours: Office is 8:00 to 5:00 Monday to Friday, as needed by appointments

Fees: none

Eligibility: CWS / CALWorks referral

Area Served: San Luis Obispo County

Languages: English and Spanish

Additional Program Information (optional):

Case Management services are available throughout the county; The program is designed to assist individuals to increase parenting skills, build on strengths within the family, access available resources that will assist in family stability and support clients toward becoming self-reliant and self-sufficient.

Family Care Network, Inc.	
Phone # 805-781-3535	Fax # 805-503-6499
Physical Address: 1255 Kendall Road, San Luis Obispo, CA 93401	
Mailing Address: same	
Website: www.FCNI.org	
<p>Program Description:</p> <p>Family Care Network, Inc. (FCNI) was founded in 1987 with the purpose of creating family-based treatment programs as an alternative to group home or institutional care of children and youth. The agency currently serves San Luis Obispo and Santa Barbara counties through multiple programs designed to strengthen and preserve families and individuals. Programs are delivered in partnership with public and private agencies and the community. Family Care Network provides programs in five service divisions, including: Therapeutic Foster Care Services; Family Support Services; Early Intervention and Prevention Services; Transitional Age Youth Services; and Community-Linked Services.</p> <p>▪Therapeutic Behavioral Services (TBS)</p> <p>Short-term, one-on-one individualized behavioral counseling intervention designed to stabilize the behavior of children/youth and prevent removal from home or to assist children/youth transitioning back into the home from a higher level of care such as an inpatient hospital or a group home.</p> <p>▪Familia de Novo (Wraparound Services)</p> <p>Designed to keep families together whenever possible., Familia de Novo, which provides Wraparound services, is a family-centered program that is strength-based, needs-drive, and solutions-focused, integrating a family’s unique culture into their individualized treatment plan. Familia de Novo also serves as an alternative to institutional care for children/youth. Services can be provided in a parent/caregiver home, foster home, transitional host family or in a transitional living apartment setting with a residential assistant.</p>	

Hours: Administrative office is open Monday-Friday; 8:30a.m. to 5:00p.m.

On-Call/social Work/In-Home Support is available seven days a week, 24 hours a day.

Fees: Paid for by MediCal and/or EPSDT/Foster Care funds for those eligible.

Eligibility:

TBS: Must be 21 years; full scope MediCal; have an open Mental health Case; the family be willing to participate in TBS services; and have service behavior problems/at risk of being moved to a more restrictive placement/ or have been hospitalized recently for mental health problems and must be approved by Mental Health Authorization Team.

Familia de Novo: Must be in or designated to be place in a high level group home; the family be willing and eager to participate in services; AND a 300 dependent of the Juvenile Court OR a 602 ward of the Juvenile Court OR be eligible to receive services under AB2726, ED designated with IEP and full-scope Medical OR be eligible to receive services through the Adoption Assistance Program.

Area Served: San Luis Obispo and Santa Barbara Counties

Languages: English/Spanish

Additional Program Information (**optional**):

First 5 Oceano School Readiness Program

Phone # (805) 431-2291
(805) 474-3690

Fax # 805-473-5519

Physical Address: 1551 17 Street, Oceano, CA 93445

Mailing Address: Same

Website:

Program Description:

We serve children pre-natal to age five, and their families through different school readiness activities to ensure that every child is healthy and ready to learn in school.

Activities include:

- First 5 Parenting classes & Support Groups
- Literacy Hour
- Summer Pre-K Camp
- Pre-K School Visitations
- Family Advocacy
- Case Management
- Basic needs assistance
- Family Counseling
- Transition to Kindergarten activities

Hours: 8am-4pm Monday – Friday

Fees: Free

Eligibility: Families of children 0-5 years old

Area Served: Children who live in the area or attend Georgia Brown Elementary

Languages: English & Spanish

Additional Program Information **(optional)**:

First 5 Georgia Brown School Readiness Program	
Phone # 805-769-1200 x 23261	Fax # 805-237-3426
Physical Address: 3600 Oak Street Suite 102, Paso Robles CA 93446	
Mailing Address: 525 36 th Street Paso Robles, CA 93446	
Website:	
<p>Program Description:</p> <p>The School Readiness office is located at the First 5 Early Education Center, offering services to families that live in the Georgia Brown area (north side of Paso Robles) and or go to Georgia Brown elementary. The goal of the School Readiness staff is to guide and provide resources to families so that their children begin school ready to learn. Families are linked to resources in the community. The staff provides services such as parenting workshops, children’s and parent reading programs, as well as providing parent presentations at local preschools. Families needing more support work with the Family Advocate to overcome barriers that interfere with the health, safety, and opportunity for children to learn and thrive.</p>	
Hours: 8am to 4:30 pm	
Fees: Free	
Eligibility: A child ages 0-5 in the home	
Area Served: Georgia Brown Area (24 th to 36 th St.)	
Languages: English/Spanish	
<p>Additional Program Information (optional):</p> <p>We link families to preschools, support groups and other agencies depending on family needs.</p> <p>We provide parent workshops such as parenting classes, literature hour and teen parent support.</p>	

Food Bank Coalition of SLO County	
Phone # 805-238-4664	Fax # 805-238-6956
Physical Address: 2212 Golden Hill Rd., Paso Robles, CA 93446	
Mailing Address: P.O. Box 2070, Paso Robles, CA 93447	
Email Address: info@slofoodbank.org	
Website: www.slofoodbank.org	
Program Description: Multiple Programs, see below	
Hours: Warehouse hours Monday-Friday 8-4	
Fees: none	
Eligibility: income based	
Area Served: SLO County	
Languages: English and Spanish	
<p>The Food Bank Coalition distributes food directly to people in need through the following programs that serve children and families:</p> <p><u>Emergency Food Assistance Program (EFAP)</u>: Provides a bag of non-perishables along with nutritious produce to qualified individuals and families at our county-wide distribution sites.</p> <p><u>Food for Children</u>: Known as "BackPack Snack Pack", low income children under the age of 18, receive free nutritious snacks every day in after school programs to aid in their learning process.</p> <p><u>Harvest Bag</u>: Originated out of the tradition of gleaning. Weekly county-wide distributions serve over 9,600 families based out of our Oceano warehouse.</p> <p><u>Healthy Food For Local Families</u>: In a partnership with county schools, qualified families are able to receive food assistance, nutrition education and other resources at 13 sites throughout the county.</p> <p><u>Lovin' Lunchbox (SFSP)</u>: Collaboration with Summer Feeding Service Program (SFSP) and agencies that serve children, we provide nutritious meals during the summer months to children who receive free and reduced lunch during the school year.</p> <p><u>GleanSLO</u>: Unites farmers, community volunteers, backyard gardeners, health advocates and food providers to harvest and donate excess produce into our local food system.</p>	

Head Start, Early Head Start & State Program – CAPSLO

Phone

English: 805-549-7626

Spanish: 805-549-7644

Fax # 805-549-6815

Physical Address: Main office: 1030 Southwood Drive, SLO CA, 93401

Mailing Address: Same as above

Website: www.capslo.org

Program Description:

We offer comprehensive child development programs that serve children prenatal to age 5 with a diverse service system to meet the needs of families including part day and full day services, home base, center based care, and family child care.

Service Options:

- Center based care – child care and developmental services are provided in a center classroom setting.
- Home Base - an individualized at home child-teacher educational experience for prenatal to preschool age.
- Family Child Care- contracted family day care home providers contracted with the program to provide the “center experience” in a family day care setting.

Services Provided:

- Child Development Education
- Services to Children with Special Needs
- Parent Involvement
- Social Services
- Health
- Nutrition
- Mental Health

Hours: Vary by program service option.

Fees: May have a reduced fee in a HS/EHS/State collaboration site.

Eligibility:

- Age
- Income
- For HS/EHS/ & State collaboration sites, families must meet both eligibilities

Information needed to apply:

- Child's birth certificate
- Immunization Record
- Income verification for parents/guardians
- Valid TB test
- Insurance or Medical Information (needed but not required)

Area Served: San Luis Obispo County

Languages:

Additional Program Information (optional): See following page for contact information to apply.

<p align="center">Infant & Toddler</p> <p align="center"><i>Serving Children Ages 0-36 Months</i></p>	<p align="center">Preschool</p> <p align="center"><i>Serving Children Ages 3-5 Years Old</i></p>
<p>Who to ask for when calling:</p> <ul style="list-style-type: none"> ➤ Centers: Ask to speak with the Family Service Advocate or Center Supervisor ➤ Home Base: Ask to speak with a Home Base teacher. ➤ Family Child Care: Ask to speak with a Family Service Advocate or Family Child Care Coordinator 	
<p>Cuesta - San Luis Obispo Age: 6 wks – 36 months (805) 546-3100 Ext. 2642</p>	<p>Atascadero Part-Day (805) 466-0414 Ext. 04</p>
<p>Georgia Brown - Paso Robles Age: 18 months to 36 months (805) 226-9945</p>	<p>Atascadero Full-Day (805) 466-0417 Ext. 03</p>
<p>High Street - San Luis Obispo Age: 18-36 Months (805) 542-0320</p>	<p>Cambria (805) 927-0830</p> <p>Children’s Waiting Room - San Luis Obispo (805) 549-1752</p>
<p>Step by Step - Arroyo Grande Age: Prenatal to 36 months (805) 474-3750</p>	<p>Cuesta - San Luis Obispo (805) 546-3100 Ext. 2638</p>
<p>STRIVE - Paso Robles Age: Prenatal to 18 months (805) 237-3375</p>	<p>Five Cities - Oceano (805) 473-1657</p>
<p>North County Home Base – Atas/Temp/Paso Robles (805) 466-2190 Ext. 24</p>	<p>Nipomo (805) 929-5499</p> <p>North County Home Base – Atas/Temp/Paso Robles (805) 466-2190 Ext. 26 or 27</p>
<p>South County Home Base - Nipomo (805) 929-3366</p>	<p>Oceano (805) 489-8125</p>
<p>Home Base - San Luis Obispo/Coast (805) 545-7622</p>	<p>South County Home Base – SLO/Coast /5 Cities/Nipomo (805) 929-3366</p>
<p>Home Base - Grover Beach/5 Cities (805) 481-3601</p>	<p>Paso Robles (805) 238-5323 Ext. 15</p>
<p>Family Child Care - Throughout SLO County (805) 545-7622 (805) 466-1095 Ext. 32 or 33</p>	<p>Sequoia - Morro Bay (805) 772-9358</p>
	<p>Sunnyside (805) 528-3717</p>

Homeless Services - CAPSLO	
Phone # 805-541-6351	Fax # 805-541-5830
Physical Address: 736 Orcutt Road, San Luis Obispo, CA 93401	
Mailing Address: same	
Website: www.capslo.org	
<p>Program Description:</p> <p>Provides services to the homeless who reside in SLO county. MLM Night Shelter located at 736 Orcutt in SLO provides dinner and sleeping quarters for individuals and families.</p> <p>Prado Day Center located at 43 Prado Road in SLO provides a safe place to be during the day along with breakfast, lunch, laundry facilities, child room, mail/phone service, and medical services through Community Health Center.</p> <p>South County Case Management is at 1616 Manhattan Ave. in Grover Beach. (North County office has closed)</p>	
<p>Hours: Prado Day Center: 8:30 a.m. to 4:00 p.m. MLM Night Shelter: 5:00 p.m. to 7:30 a.m.</p>	
Fees: none	
Eligibility: Homeless	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
<p>Additional Program Information (optional):</p> <p>Case Management services are available throughout the county; The program is designed to assist individuals to increase skills to live independently, access available resources that will assist in resolving issues and support clients toward becoming self-reliant and self-sufficient.</p>	

Hospital Resources

Arroyo Grande Hospital

Address: 345 S. Halcyon Rd, Arroyo Grande, CA 93420

General Number: (805) 489-4261

French Hospital

Address: 1911 Johnson Ave, San Luis Obispo, CA 93401

General Number: (805) 543-5353

Director of Department for Labor and Delivery:

Ingrid Rodriguez – (805) 542-6685

Marian Medical Center

Address: 1400 E. Church St, Santa Maria, CA 93454

General Number: (805) 739-3000

Number for the Labor and Delivery Floor: (805) 739-3385

Number for the NICU: (805) 739-3989

Director of Department for the NICU and Labor and Delivery:

Christopher Jakowichik – (805) 739-3600

Sierra Vista Hospital

Address: 1010 Murray Ave, San Luis Obispo, CA 93405

General Number: (805) 546-7600

Twin Cities Hospital

Address: 1100 Las Tablas Rd, Templeton, CA 93465

General Number: (805) 434-3500

Director of Department for Labor and Delivery:

Shareen Taylor – Ext. 4654

Jack's Helping Hand, Inc.	
Phone # 805-547-1914	Fax # 805-592-2018
Mailing Address: Box 14718, San Luis Obispo, CA 93406	
Website: www.jackshelpinghand.org	
<p>Program Description:</p> <p>Jack's Helping Hand is a non-profit organization that assists children with illnesses and disabilities, providing special treatments, services, equipment and transportation that are not covered by other sources; or which exceed family financial capabilities.</p> <p>Our Assistance Program provides everything from high-tech wheelchairs and prosthetic limbs, to appointments with specialists and custom eyeglasses for children with cancer and special needs.</p> <p>Jack's Helping Hand also offers swimming and horse-back riding experiences for children with special needs, toy lending libraries, and a family camp for children and families living with cancer.</p>	
Hours: Monday – Thursday 8:30 am – 3:30 pm	
Fees: none	
Eligibility: An application is required for the assistance program.	
Area Served: San Luis Obispo County children aged 0 to 21.	
Languages:	
Additional Program Information (optional) :	

Kinship Center Children’s Clinic / Family Ties (kin-caregivers)	
Phone # 805-434-2449	Fax # 805-434-3839
Physical Address: 71 N. Main St., Templeton, Ca. 93465	
Mailing Address: Same as above.	
Website: www.kinshipcenter.org	
<p>Program Description:</p> <p>Kinship Center believes that every child deserves a family.</p> <p>Children’s Clinic offers medication support, psychological testing, individual and family therapy, occupational therapy, parenting education, equine assisted therapy, social skills groups, art therapy camps, case management, advocacy and more to help children maintain permanent placements. Our staff is trained in infant mental health and early intervention techniques.</p> <p>Family Ties is specifically for relative kin-caregivers. Offering support group, food boxes, case-management, guardianship assistance.</p>	
Hours: M-F 8:30 am – 5 pm.	
Fees: No cost. Medi-Cal and Social Service Funded.	
<p>Eligibility:</p> <p>Clinic-Child may be living with relatives or already adopted, or adoption is being considered as a permanent plan. A child adopted from another county other than SLO county may be served if the county of origin agrees to host the county providing services. Referrals are made by social services or legal guardians.</p> <p>Family Ties –Families providing relative kin care for minor children within SLO county.</p>	
Area Served: All of San Luis Obispo County, in-home services available.	
Languages: English, Spanish.	
Additional Program Information (optional) :	

The LINK Family Resource Center - Atascadero

Phone # 805-466-5404

Fax # 805-462-8901

Physical and Mailing Address: 6500 Morro Rd. Suite A Atascadero, CA 93422

Website: www.linkslo.org

Program Description:

Family Resource Centers provide direct connection to local resources and services to community members with financial, medical, mental health and other needs.

Safe System of Care allows for the provision of coordinated wraparound service with Child Welfare Services (CWS); the Departments of Behavioral Health, Social Services, Probation, and Mental Health; The Housing Authority; community based service organizations; schools; churches; and hospitals and clinics, among others.

Family Advocacy – Advocates work in partnership with school districts, community organizations, and government agencies to identify and support at-risk children and youth to keep them safe, healthy, at home, in school, and out of trouble.

Homelessness Prevention and Rapid Re-Housing Program provides housing and rental assistance to those who are homeless or at-risk of becoming homeless.

Parent Education Program offers parenting skills classes, support groups, and one-on-one coaching services in all regions of SLO County.

Hours: The Resource Center is open 8:00 – 5:00pm. Family Advocates can meet with families earlier or later dependent upon need.

Fees: None

Eligibility: Open to all living in the service area.

Area Served: Atascadero, Creston, Santa Margarita, Carissa Plains.

SAFE Team meetings are also available for families in Templeton although no case management services for Templeton through the LINK are currently available.

Languages: English and Spanish

Additional Program Information (optional):

The LINK Family Resource Center – Paso Robles	
Phone # 805-238-2775	Fax # 805-237-3184
Physical Address: 1802 Chesnutt Street, Suite PB, Paso Robles, CA 93466	
Mailing Address: 6500 Morro Rd. Suite A Atascadero, CA 93422	
Website: www.linkslo.org	
<p>Program Description:</p> <p><i>Family Resource Centers</i> provide direct connection to local resources and services to community members with financial, medical, mental health and other needs.</p> <p><i>Safe System of Care</i> allows for the provision of coordinated wraparound service with Child Welfare Services (CWS); the Departments of Behavioral Health, Social Services, Probation, and Mental Health; The Housing Authority; community based service organizations; schools; churches; and hospitals and clinics, among others.</p> <p><i>Family Advocacy</i> – Advocates work in partnership with school districts, community organizations, and government agencies to identify and support at-risk children and youth to keep them safe, healthy, at home, in school, and out of trouble.</p> <p><i>Homelessness Prevention and Rapid Re-Housing Program</i> provides housing and rental assistance to those who are homeless or at-risk of becoming homeless.</p> <p><i>Parent Education Program</i> offers parenting skills classes, support groups, and one-on-one coaching services in all regions of SLO County.</p>	
Hours: The Resource Center is open 9:00 – 4:00pm. Family Advocates can meet with families at varying times as needed.	
Fees: None	
Eligibility: Open to all living in the service area.	
Area Served: Paso Robles, San Miguel, Shandon (as needed), Templeton.	
Languages: English and Spanish	
<p>Additional Program Information (optional):</p> <p>SAFE meetings are also available for families in need of intensive services.</p>	

Martha's Place Assessment and Treatment Center	
Phone # 805-781-4948	Fax # 805-781-4962
Physical Address: 2925 McMillan Ave Ste 108, San Luis Obispo, CA	
Mailing Address: Same	
Website: www.marthasplaceslo.org	
<p>Program Description:</p> <p>Martha's Place Children's Assessment and Treatment Center focuses on assessment and treatment of children birth to five who exhibit at-risk behaviors that may be interfering with their normal development and/or who have been prenatally exposed to alcohol or other substances.</p> <p>Children who are referred to Martha's Place receive a comprehensive assessment of their medical, cognitive, behavioral, social, educational and emotional development, as well as their family relationships. We have a multidisciplinary team that provides a comprehensive assessment to help identify the challenges and needs that are unique to each child. We have therapists to provide treatment who specialize in working with children birth to five. We also provide Occupational Therapy to children with sensory integration challenges.</p>	
Hours: 8am-5pm	
Fees: For those with no insurance.	
Eligibility: ages 0-5, Medi-Cal or no insurance	
Area Served: SLO county	
Languages: English and Spanish	
<p>Additional Program Information (optional):</p> <p>Services provided include a pediatric evaluation, mental health evaluation, family and individual therapy, case management, collateral services with family and occupational therapy.</p>	

Oceano Family Resource Center – S.A.F.E.

Phone # 805-474-3690

Fax # 805-473-4272

Physical Address: 1511 19th St., Oceano, CA 93445

Mailing Address:

Website:

Program Description:

The Oceano Family Resource Center serves children 0 – 18 and their families in the Oceano Community. We provide connections to community resources, offer case management services, counseling and advocacy. We can help with food, utilities, housing, medical and dental care, counseling, health insurance, and other basic needs. We are involved with many community agencies and many of our partners use our space to provide services to their south county clients. We partner with the South County Youth Coalition to sponsor community forums and parenting classes in both English and Spanish.

Hours: Monday-Friday 8:30am-4:00pm. After 4:00 by appointment.

Fees: All services are free. Medi-Cal is accepted for counseling.

Eligibility: Children ages 0 – 18 and their families who live in the South County.

Area Served: Oceano

Languages: English and Spanish

Additional Program Information (**optional**):

Parent Connection of San Luis Obispo County	
Phone # 805-543-3700	Parent Helpline # 805-904-1411 Spanish Helpline # 805-462-7135
Physical Address: 1110 California Street, Suite B, SLO 93406	
Mailing Address: Same as physical address	
Website: www.sloparents.org	
<p>Program Description:</p> <p>Parent Connection of San Luis Obispo County offers a variety of services, including: a web-based family resource center (sloparents.org) listing parenting classes and parenting support services in SLO County, an information line to help parents find appropriate classes in their area (543-3700), a Parent Connection Helpline (904-1411), and a Spanish Helpline (462-7135) with Parent Coaches who can answer parenting questions and provide support. Parent Connection’s services are designed to make parenting less stressful and more rewarding, while promoting positive parenting techniques and building a family’s protective factors. Parent Connection of San Luis Obispo County understands that all families have strengths and all families need support.</p>	
Hours: N/A	
Fees: N/A	
Eligibility: N/A	
Area Served: All regions of the county	
Languages: English/Spanish	
Additional Program Information (optional) :	

Parents Helping Parents of SLO

Phone

SLO: 805-543-3277

Atascadero: 805-461-7415

Fax # 805-543-2045

Email: php@ucp-slo.org

Physical Address:

Resource Center Locations:

3450 Broad St. Ste. 111, San Luis Obispo, CA 93401

7305 Morro Rd. 104A, Atascadero, CA 93422

940 Ramona Ave, Suite M, Grover Beach, CA 93433

Mailing Address: 3620 Sacramento Dr. Suite. 201, San Luis Obispo, CA 93401

Website: www.phpslo.org

<https://www.facebook.com/ParentsHelpingParentsSLO>

Program Description:

Parents Helping Parents Family Resource Center serves families of children with special needs throughout San Luis Obispo County. Two lending libraries, which cover a wide variety of special needs topics, are equipped with toys, games and a place for children to play while their parents browse. PHP has a network of experienced staff and parents available for mentoring and support. A reliable source of current information, referrals, and training for parents of children with special needs.

Hours: Please call for site hours

Fees: None

Eligibility: None

Area Served: San Luis Obispo County

Languages: English & Spanish

Additional Program Information (**optional**):

Parent Participation Program at San Luis Coastal Unified School District	
Phone # 805-549-1222	Fax # 805-544-0638
Physical Address: 1500 Lizzie Street H2, San Luis Obispo, CA 93401	
Mailing Address: same	
Website: http://parentparticipation.org or Adult School http://ae.slcsud.org	
<p>Program Description:</p> <p>Parent Education in a “pre”school classroom setting.</p> <ul style="list-style-type: none"> • Serving parents or caregivers of children 0-8 • Parents/Caregivers attend class with their children. Classes meet once a week. • Parents with children of the same or similar ages attend together. • Class focus is on child development and fostering healthy relationships, through language, music, movement, play and art activities • Join us at any time! Registration is ongoing. 	
<p>Hours: Parent Participation class times vary. Typically classes are held in the mornings with some afternoons available. Evening Parent Education classes for parents of school age children are also available.</p> <p>San Luis Coastal Adult School Office is open:</p> <p>8:30am- 7:30pm M, Tu, W, Th 8:30am – 4:30pm F</p>	
Fees: Varies \$64 – \$81 for 10 week trimester. Scholarships are available.	
Eligibility: Adult in a parenting role attends with child	
Area Served: San Luis Obispo County and surrounding area	
Languages: English, some Spanish	
<p>Additional Program Information (optional):</p> <p>“Like” our Facebook Page - Parent Participation ~ San Luis Coastal</p> <p>https://www.facebook.com/pages/Parent-Participation-San-Luis-Coastal/132129906815059</p>	

Paso CARES Family Resource Center—S.A.F.E.

Phone # 805-237-3421 or
805-237-3470

Fax # 805-237-6174

Physical Address: 1802 Chestnut Street, Suite PB, Paso Robles, CA 93446

Mailing Address: P.O. Box 7010 Paso Robles, CA 93447

Website: www.pasoschools.org

Program Description:

The Paso CARES Family Resource Center is a one-stop center where families can seek assistance to help remove barriers that interfere with their student's success in school. Family case management available. We also offer language assessments to new students in our district whose first language is other than English. Information is available regarding parenting classes, workshops, English as a Second Language, and many other events that are in support of families.

Hours: Office Hours are 8:00-4:00 Monday - Friday

Fees: No fees for our services

Eligibility: Flexible ; please call for information

Area Served: Paso Robles

Languages: English and Spanish

Additional Program Information **(optional)**:

RISE	
Phone # 805-226-5400	Fax # 805-226-5401
Physical Address: 51 Zaca Lane Suite #140 San Luis Obispo, CA 93401 1030 Vine Street, Paso Robles, CA 93446	
Mailing Address: P.O. Box 630, Paso Robles, CA 93447	
Email Address: contact@RISEslo.org	
Website: http://riseslo.org/	
Program Description: Counseling, Advocacy, Accompaniment, Shelter, Legal Services, Education Prevention Programs, Self Defense Workshops and 24 hour Crisis Line for survivors of sexual assault and intimate partner violence and their loved ones.	
Hours: Paso Office: M – F 8am – 5pm (closed 12-1) SLO Office: MWF 9am – 12:30pm; T 1pm-5pm; R 8:30am – 12:30pm 24 hour crisis line: (855)-886-RISE (7473)	
Fees: None	
Eligibility: Serves survivors of sexual assault and intimate partner violence as well as their loved ones.	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
Additional Program Information (optional): Volunteer Opportunities include staffing the crisis line, event planning board membership and much more. Contact the above email address for more information.	

Special Education Local Plan Area (SELPA)	
Phone # 805-782-7301	Fax # 805-466-1473
Physical Address: 8005 Morro Road Atascadero. CA 93422	
Mailing Address: same	
Website: http://www.sloelpa.org	
<p>Program Description:</p> <p>The Special Education Local Plan Area (SELPA), per state mandate, provides county wide regional coordination and leadership in special education to insure compliance with state and federal laws relating to students with disabilities. Our SELPA provides an array of services related to special education to LEAs, parents and the community.</p>	
Hours: 8:00-4:30	
Fees: There are no fees for services for children as services are part of Federal Public Education law.	
Eligibility: Based on school district assessments.	
Area Served: San Luis Obispo County	
Languages	
<p>Additional Program Information (optional): The SELPA provides the following:</p> <ul style="list-style-type: none"> • Program availability for all children with disabilities • Curriculum/program development and evaluation • Community Advisory Committee (CAC) support • Community Awareness • Program coordination, fiscal management • Procedural safeguards • Staff development 	

San Luis Obispo County Child Care Planning Council	
Phone # 805-782-4723	Fax # 805-783-2974
Physical Address: 805A Fiero Lane, San Luis Obispo, CA 93401	
Mailing Address: same	
Website: www.sanluischildcare.org	
<p>Program Description:</p> <p>The San Luis Obispo County Child Care Planning Council, in partnership with families and the community, plans for and promotes the highest quality and accessible care for all children and youth. We:</p> <ul style="list-style-type: none"> • Develop local priorities for allocation of state and federal child care funds • Assess the county’s overall child care needs once every five years • Prepare countywide child care plan to mobilize public and private resources • Promote access to quality child care and development services • Collaborate with community and government agencies to provide families with the best possible child care options • Support providers through training and professional development 	
Hours: 8:00AM – 5:00PM evenings and weekends as needed	
Fees: None	
Eligibility: None	
Area Served: San Luis Obispo County	
Languages: English	
Additional Program Information (optional):	

**San Luis Obispo County Office of Education Child Development
Programs (State Preschools)**

Phone # 805-782-7274 or 805-782-7275

Fax # 805-903-1893

Physical Address: 3350 Education Drive SLO CA 93405

Mailing Address: same as above

Website: <http://slocoe.org/>

Program Description:

11 State Preschools and 2 First 5 Preschools located at 9 sites throughout the San Luis Obispo County.

1 of the State Preschools has a Pre K Family Literacy based grant

3 sites have extended afternoon programs.

Hours: vary depending on location - follow school districts calendars

Fees: income qualification based on the state median income guidelines with a sliding scale family fee.

Eligibility: Children must be 3 by Oct. for fall 2013 and by Sept. 1st in Fall 2014 and potty trained. Priority given to 4 year olds entering Kindergarten the following year.

Area Served: San Miguel, Paso Robles, Atascadero, Morro Bay, Grover Beach, Oceano and Nipomo

Languages: English and Spanish at majority of our centers.

San Luis Obispo Family Resource Center	
Phone # 805-458-5499	Fax # 805-543-6567
Physical Address: 1500 Lizzie Street Room G4, San Luis Obispo, CA 93401	
Mailing Address: same	
Website: www.coastalfrc.org	
<p>Program Description:</p> <p><u>Mission & Vision:</u></p> <p>To nurture and support healthy families through a collaboration of community organizations. The San Luis Obispo Family Resource Center envisions a community where:</p> <ul style="list-style-type: none"> • every child has a secure and happy home • every parent has the knowledge, skill, and support needed to create and maintain such a home • every family has access to and knowledge of the resources available to the community • the community as a whole is committed to nurturing and strengthening families in a responsive and empowering way • healthy families enhance the well-being of communities <p><u>Services Offered:</u> Walk-in referral and family support, parenting classes and free and low cost counseling, bilingual family advocate, 0-5 Health Navigator, Latino Outreach Program</p>	
Hours: Monday-Friday, counseling by appointment.	
Fees: dependent on service provided.	
Eligibility: all children and families are eligible 0-19	
Area Served: San Luis Obispo and Avila Beach	
Languages: English and Spanish	
Additional Program Information (optional):	

SLO Hotline	
Phone # 1-800-783-0607	Fax # n/a
Physical Address: Confidential	
Mailing Address: 784 High Street. San Luis Obispo, CA	
Website: www.t-mha.org/main/main_hl.html	
<p>Program Description:</p> <p>Confidential mental health support, crisis, and suicide prevention telephone line providing mental health resource information. Trained staff and volunteers answer calls and actively listen to your concerns. Individuals are guided to services suited to their needs.</p>	
Hours: 24 hours, 7 days a week	
Fees: None	
Eligibility: Everyone	
Area Served: SLO County	
Languages: English/Spanish	

South County Family Resource Center—S.A.F.E.	
Phone # 805-474-2105	Fax # 805-474-2025
Physical Address: 1086 Grand Ave., Arroyo Grande, CA 93420	
Mailing Address: same	
Website:	
<p>Program Description: S.A.F.E. serves children 0 – 18 and their families in Southern San Luis Obispo County. We provide connections to community resources, offer case management services and advocacy. We can help with food, utilities, housing, medical and dental care, counseling, health insurance, and other basic needs. We are involved with many community agencies and many of our partners use our space to provide services to their south county clients. We partner with the South County Youth Coalition to sponsor community forums and parenting classes in both English and Spanish.</p>	
Hours: Monday – Friday 8:00am – 5:00pm. After 5:00 by appointment.	
Fees: Most services are free. Medi-Cal is accepted for counseling.	
Eligibility: Children ages 0 – 18 and their families who live in the South County.	
Area Served: Nipomo – Shell Beach	
Languages: English and Spanish	
Additional Program Information (optional):	

Success for All Preschool Program

Phone # 805-549-1225 – Office
Phone #s vary for different sites

Fax # 805-546-0331

Physical Address:

District Office – 1500 Lizzie Street, Room E1, San Luis Obispo, CA 93401

Addresses vary for different sites

Mailing Address: Same as above

Email Address: jrodriguez@slcusd.org

Website: <http://wordpress.slcusd.org/isla/preschool/>

Program Description:

San Luis Coastal Unified School District offers a preschool and parent education program for low and moderate income families. It is free of cost to qualified families. The program is offered at four of our elementary school sites, Baywood, Hawthorne, Pacheco, and C.L. Smith Elementary. **We are seeking families with children not already enrolled in preschool programs.**

To be eligible for the program, your child must be at least 4 years old by December 2 of the current school year, reside within the San Luis Coastal Unified School District, and demonstrate financial need. We will consider older 3 year olds if space is available. Children who live in the Baywood, Hawthorne, or C.L. Smith attendance areas will be given enrollment priority for those preschools. Children who have siblings attending Pacheco will be given enrollment priority for Pacheco's preschool. Children who are learning English as a second language will be given priority at all sites. Toileting skills are preferred, but not required. To be considered for the preschool program, parents must provide proof of residence, child's birth certificate, a copy of the child's Official Immunization Record and the most current full month pay stub or Federal 1040 form.

In order to qualify for our preschool program parents are required to commit to the following:

- Children must attend five days per week for a 3-hour period
- Transport students to preschool and pick them up at the designated time
- Attend parent education meetings, once a month in the evening

<p>Open enrollment will be available at Baywood Elementary, Hawthorne Elementary, C.L. Smith Elementary, Pacheco Elementary and Instructional Services during the month of March. Please call the school district for exact dates. Completed initial applications and documentation should be dropped off at one of the four elementary sites. You will be contacted by phone if your application is accepted to complete additional enrollment information. If your application is not accepted, you will be notified by mail.</p>
<p>Hours: Vary by site. This is a morning program, five days a week.</p>
<p>Fees: None, if eligible</p>
<p>Eligibility:</p> <ul style="list-style-type: none"> • Live in the San Luis Coastal Unified School District boundaries • Not already enrolled in another preschool • Proof of family financial need • For Pacheco, siblings already attending Pacheco • For Baywood, live in the Baywood boundaries • For Hawthorne, live in the Hawthorne boundaries • For C.L. Smith, live in the C.L. Smith boundaries • English Learner students are a high priority • 4 years old by December 2 of the current school year
<p>Area Served: San Luis Obispo, Los Osos, and Morro Bay</p>
<p>Languages: English and Spanish (at Pacheco Preschool only)</p>
<p>Additional Program Information (optional):</p>

The Teen Academic Parenting Program (TAPP) – CAPSLO	
Phone # 805-544-2484 ext. 3	Fax # 805-595-1346
Physical Address: 814 Ricardo Court, San Luis Obispo, CA 93401	
Mailing Address: Same as above	
Website: http://www.capslo.org/ Facebook: http://tinyurl.com/4g6g5ct	
<p>Program Description:</p> <p>TAPP provides case management to assess the unique needs of expectant and parenting teens to provide them comprehensive community services in a variety of areas including:</p> <ul style="list-style-type: none"> • high school completion • health of the parent and baby • parenting skills • college enrollment • self-advocacy skill building 	
Hours: Monday – Friday 8:00 a.m. to 5:00 p.m.	
Fees: none	
Eligibility: must be a pregnant or parenting teen under the age of 19	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
<p>Additional Program Information (optional):</p> <p>Support groups are offered in Paso Robles and Arroyo Grande</p>	

Tolosa Children’s Dental Center	
Phone # 805-238-5334	Fax # 805-238-6470
Physical Address: 717 Walnut Drive, Paso Robles CA 93446 3071 S. Higuera, Suite 110, San Luis Obispo CA 93401 (Thursdays only)	
Mailing Address: same as above	
Website: www.TolosaChildrensDental.org	
<p>Program Description:</p> <p>A nonprofit “dental home” for underserved children age 0-12 and Foster Care program kids up to age 18. The clinic provides a full range of dental services including preventive, restorative and emergency treatment, as well as care requiring the use of IV sedation or general anesthesia. With every visit, the bilingual team educates and instructs patients and caregivers on the importance of good oral hygiene habits, causes of tooth decay, and provides information about making good nutritional choices. These messages are reinforced at every visit with the intent to break the cycle of poor oral health and improve the entire family’s overall health in the long-term.</p>	
Hours: Monday-Friday 8:00am – 5:00pm (closed for lunch 12:00-1:00pm) Thursdays 8:00-4:30 (closed for lunch 12-1)	
Fees: Sliding fee scale available for uninsured families. Accepts Medi-Cal dental program enrollees	
Eligibility: Children from low-income families age 12 & under.	
Area Served: San Luis Obispo County (Thursday Clinic hours at	
Languages: English , Spanish	
<p>Additional Program Information (optional):</p> <p>Employs a bilingual professional staff including four pediatric dentists, one general dentist and several registered dental assistants. Clinic is a non-profit 501(c)(3) which is privately owned and operated by Partnership for the Children of San Luis Obispo County.</p>	

Transitions Mental Health Association Family Services (TMHA): Youth Family Partners	
Phone # Rolando Rojas, SLO/South County, 805-458-6388 Patty Ramirez, North County, 805- 458-2596 Laura Gaisie, SLO/North SLO Coast, 805-503-0009	Fax # 805-540-6501
Physical Address: 784 High Street, San Luis Obispo, CA 93401	
Mailing Address: P.O. Box 15408, San Luis Obispo, CA 93406	
Website: www.t-mha.org	
Program Description: Youth Family Partners work with parents and caregivers of minor children, one-on-one, to provide emotional support; resources and referrals to community programs and services; information and education on mental illness and treatment options, along with orientation to the Mental Health system of care; information on Special Education resources; parenting classes; and parent/caregiver support groups.	
Hours: 8am to 5pm	
Fees: No cost	
Eligibility: Individual must be a parent or caregiver of a minor child with mental health, behavioral, or emotional difficulties.	
Area Served: San Luis Obispo County	
Languages: English/Spanish	
Additional Program Information (optional): 	

Tri-Counties Regional Center — Early Start	
Phone # 805-543-2833 - SLO 805-461-7402 - Atascadero	Fax # 805-543-8725- SLO 805-461-9479 - Atascadero
Physical Address: 3450 Broad Street, Suite 111, San Luis Obispo, CA 93401 7305 Morro Road, Suite 101, Atascadero, CA 93422	
Mailing Address: Same	
Website: www.tri-counties.org	
<p>Program Description:</p> <p>Early Start serves children under the age of three years who have an eligible developmental delay or established risk for a developmental disability. If a child is eligible, a plan is written that can include ongoing early intervention services from specialists or therapists, depending on the child’s need. Services are provided in the child’s natural environment, typically at home, daycare, or preschool. Early Start uses a “Parent Education” model to empower the family to encourage their child’s developmental growth.</p>	
Hours: 8:30am – 5:00pm	
Fees: A Family Cost Participation and/or Annual Family Program Fee may apply depending on income and the child’s Medi-Cal status.	
<p>Eligibility: Children must be under age three years.</p> <ul style="list-style-type: none"> • Must be delayed 33% in one area of development OR due to medical issues qualify under “high risk” (ex. Prematurity, in utero substance exposure, have a parent with a developmental delay) OR have “established risk” due to a condition such as Down Syndrome or Cerebral Palsy • Assessment is free of charge 	
Area Served: San Luis Obispo, Santa Barbara and Ventura Counties	
Languages: English and Spanish. Translation to other languages may be possible.	
Additional Program Information (optional):	

Tri-Counties Regional Center	
Phone # 805-543-2833 – SLO 805-461-7402 – Atascadero	Fax # 805-543-8725 – SLO 805-461- 9479 – Atascadero
Physical Address: 3450 Broad Street, Suite 111, San Luis Obispo, CA 93401 7305 Morro Road, Suite 101, Atascadero, CA 93422	
Mailing Address: Same	
Website: www.tri-counties.org	
<p>Program Description:</p> <p>Tri-Counties Regional Center serves individuals age three years and up who meet eligibility requirements, as stated below. A variety of services can be provided, based on the individual’s need, that may include residential care, day programs, behavioral support, employment, respite, family support, and/or others.</p>	
Hours: 8:30am – 5:00pm	
Fees: A Family Cost Participation Program and/or Annual Family Program Fee may apply depending on income and the child’s Medi-Cal status.	
<p>Eligibility:</p> <p>In the state of California, the term “developmental disability” includes five conditions. These are intellectual disability, autism, cerebral palsy, epilepsy, and other conditions similar to intellectual disability that require treatment similar to a person with an intellectual disability. A developmental disability must have occurred before age 18 years, continue indefinitely, and must pose a substantial disability in three or more major life areas. Decision about eligibility for services is made by a TCRC interdisciplinary team.</p> <p>A no cost assessment can be provided.</p>	
Area Served: San Luis Obispo, Santa Barbara and Ventura Counties	
Languages: English and Spanish. Translation to other languages may be possible.	
Additional Program Information (optional):	

United Way of SLO County – Imagination Library	
Phone # 805-541-1234	Fax # 805-543-5317
Physical Address: 1288 Morro St., SLO, CA 93401	
Mailing Address: P.O. Box 14309, SLO, CA 93406	
Website: www.unitedwayslo.org	
<p>Program Description:</p> <p>If a child can read at grade level by the time he or she is in fourth grade, they increase their chances of succeeding in middle school and graduating on time from high school. In 2010, United Way became the official affiliate to bring Dolly Parton’s Imagination Library to SLO County. Children enrolled in the program can receive a new, age appropriate book every month from 0 -5 years of age for. The program unlocks the magical world of books and gets children excited about reading before they enter kindergarten. The community is invited to support this effort by contributing to the fund for the Imagination Library and giving the gift of literacy to local children.</p>	
Hours: 9am – 4pm (Monday – Friday)	
Fees: Free to register; \$25.00 for 6 months- \$50.00 for one year and \$250 for (5 years) suggested.	
Eligibility: 0 (Birth) to 5 years old- ready for kindergarten	
Area Served: Must be a resident of SLO County	
Languages: English – some books in Spanish	
<p>Additional Program Information (optional):</p> <p>The community is invited to support this effort by contributing to the fun for the Imagination Library and giving the fit of literacy to local children. Contact info@unitedwayslo.org for more information.</p>	

Women, Infants and Children (WIC) Program	
Phone # 805-781-5570	Fax # 805- 781-1217
Physical Address: 2180 Johnson Avenue, San Luis Obispo	
Mailing Address: same	
Website: http://www.slocounty.ca.gov/health/publichealth/wic.htm	
<p>Program Description:</p> <p>WIC is a nutrition program that helps pregnant women, mothers with infants, and infants and young children eat well, be active and stay healthy. WIC offers families nutrition and health education, education and support for breastfeeding babies, checks to buy healthy foods, and help in finding health care and other community services.</p>	
Hours: Monday – Friday, 8am – 5pm	
Fees: none	
<p>Eligibility:</p> <p>Must be pregnant, breastfeeding a baby under 1 year of age, just had a baby in the past 6 months, have children under 5 years of age, have a family income within WIC guidelines.</p>	
Area Served: SLO County	
Languages: English/Spanish	
<p>Additional Program Information (optional): WIC has clinic sites in Atascadero, Cambria, Grover Beach, Morro Bay, Nipomo, Paso Robles and San Luis Obispo. Call for days and hours of operations and scheduling a WIC appointment.</p>	

Women’s Shelter Program	
Phone # 805-781-6401	Fax # 805- 781-6410
Physical Address: N/A	
Mailing Address: Women’s Shelter Program Executive Director Marianne Kennedy, P.O. Box 125, San Luis Obispo, CA 93406	
Website: www.womenshelterslo.org	
<p>Program Description:</p> <p>This agency provides services to victims of intimate partner violence (IPV). For individuals in need of advice about leaving an abusive situation, a 24 hour crisis line is available, where a counselor will take the call. The Women’s Shelter also operates a Safe House for victims who need to escape their partner immediately. Counseling services, including support groups, art therapy, and individual therapy, are available. For victims already receiving services from WSP, transitional housing is available to prepare them for independent living.</p>	
Hours: Monday – Friday, 8am – 5pm	
Fees: Most programs are free; transitional housing is 30% of monthly income	
Eligibility: A referral is needed from the crisis line for access to the Safe House. Counseling services are provided to those who have a referral	
Area Served: SLO County	
Languages: English/Spanish	
<p>Additional Program Information (optional): Legal assistance is also provided to those who are unable to afford an attorney. Individuals who are victims of domestic violence, sexual assault, or stalking may qualify for services. Assistance may cover family law, employment law, or housing and immigration law. Contact 805-781-6418 for more information.</p>	