

First 5 SLO County Health Access Project Immigrant Rights Resource List



Item	Source	Link
“Know Your Rights” cards		
Red Rights Cards (order online free of charge) <i>(multiple languages)</i>	ILRC	https://www.ilrc.org/red-cards
Rights Cards <i>(multiple languages)</i>	NILC	https://www.nilc.org/get-involved/community-education-resources/know-your-rights/othimmenf/
Know Your Rights cards (for purchase) <i>(multiple languages)</i>	ACLU	https://shop.aclu.org/Know-Your-Rights?a=kyricedivingvidpg
“Know Your Rights” handouts		
Know Your Rights: Multiple handouts on several issues <i>(multiple languages)</i>	NILC	https://www.nilc.org/get-involved/community-education-resources/know-your-rights/
Tips for Addressing Immigrant Families’ Concerns When Applying for Health Coverage Programs	NILC	https://www.nilc.org/issues/health-care/addressing-concerns-health-coverage-applications/
Resources for Families		
Family Preparedness Plan <i>(Spanish, Chinese)</i>	ILRC	https://www.ilrc.org/family-preparedness-plan
Medi-Cal in California: Addressing Community Concerns about Public Charge <i>(multiple languages)</i>	ILRC	https://www.ilrc.org/medi-cal-california-addressing-community-concerns-about-public-charge

Immigration Raid Preparation		
Know Your Rights: A Guide to Your Rights When Interacting with Law Enforcement (<i>multiple languages</i>)	CLINIC	https://cliniclegal.org/resources/know-your-rights-law-enforcement
Steps I Can Take to Be Prepared for Immigration Enforcement (<i>Spanish</i>)	Farmworker Justice	http://www.farmworkerjustice.org/resources/labor-and-immigrations-resources
School Resources		
Immigrant and Refugee Children: Guide for Educators and School Support Staff	AFT	http://www.aft.org/news/practical-guide-helps-teachers-protect-refugee-children
Help for Immigrant Families: Guidance for Schools	ILRC	https://www.ilrc.org/help-immigrant-families-guidance-schools
Policy Statements		
Healthy Mind, Healthy Future: Promoting the Mental Health and Wellbeing of Children in Immigrant Families	The Children's Partnership – CA Immigrant Policy Center	https://www.childrenspartnership.org/research-list/healthy-mind-healthy-future-promoting-the-mental-health-and-wellbeing-of-children-in-immigrant-families/
Free or Low Cost Legal Assistance		
Immigration and Citizenship	SLO Catholic Charities IMPORTA (Santa Barbara)	https://catholiccharitiesdom.org http://www.importasb.org
Immigration Relief Screening Tool Kit	United We Dream	https://www.immi.org/home/index

➔ Documents are also available for download at: <https://www.slohealthaccess.org/immigration.html>



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Proyecto de acceso a la salud de Primeros 5 del condado de SLO
 Lista de recursos de derechos de inmigrantes



Tema	Recurso	Link
“Conozca sus derechos” tarjetas		
Tarjetas rojas de derechos (ordénelas en línea gratis) (<i>múltiples idiomas</i>)	ILRC	https://www.ilrc.org/red-cards
Tarjetas de derechos (<i>múltiples idiomas</i>)	NILC	https://www.nilc.org/get-involved/community-education-resources/know-your-rights/othimmenf/
Tarjetas de saber sus derechos (para comprar) (<i>múltiples idiomas</i>)	ACLU	https://shop.aclu.org/Know-Your-Rights?a=kyricedivingvidpg
“Conozca sus derechos” folletos		
Conozca sus derechos: Múltiples folletos con diferentes temas (<i>múltiples idiomas</i>)	NILC	https://www.nilc.org/get-involved/community-education-resources/know-your-rights/
Consejos para atender las preocupaciones de las familias inmigrantes cuando soliciten programas de cobertura de salud (<i>solamente en inglés</i>)	NILC	https://www.nilc.org/issues/health-care/addressing-concerns-health-coverage-applications/
Recursos de Plan Familiar		
Plan de preparación familiar (<i>español, chino</i>)	ILRC	https://www.ilrc.org/family-preparedness-plan
Medi-Cal en California: Abordando las preocupaciones de la comunidad sobre la carga pública (<i>inglés y español</i>)	ILRC	https://www.ilrc.org/medi-cal-california-addressing-community-concerns-about-public-charge

Preparación de incursión migratoria		
Conozca sus derechos: una guía de sus derechos cuando interactúa con las fuerzas de la ley (<i>múltiples idiomas</i>)	CLINICA	https://cliniclegal.org/resources/know-your-rights-law-enforcement
Pasos que puedo tomar para estar preparado para la aplicación de la inmigración (<i>inglés y español</i>)	Justicia para los agrícolas (Farmworker Justice)	http://www.farmworkerjustice.org/resources/labor-and-immigrations-resources
Recursos escolares		
Niños inmigrantes y refugiados: Guía para educadores y personal de apoyo escolar (<i>solamente en inglés</i>)	AFT	http://www.aft.org/news/practical-guide-helps-teachers-protect-refugee-children
Ayuda para familias inmigrantes: Guía para escuelas (<i>solamente en inglés</i>)	ILRC	https://www.ilrc.org/help-immigrant-families-guidance-schools
Declaraciones de póliza		
Mente sana, futuro saludable: Promoción de la salud mental y el bienestar de los niños en familias inmigrantes (<i>solamente en inglés</i>)	The Children's Partnership – CA Immigrant Policy Center	https://www.childrenspartnership.org/research-list/healthy-mind-healthy-future-promoting-the-mental-health-and-wellbeing-of-children-in-immigrant-families/
Ayuda legal Gratis o de bajo costo		
Inmigración y Ciudadanía (<i>inglés y español</i>)	Caridades Catolicas de SLO (Catholic Charities) IMPORTA Santa Barbara	https://catholiccharitiesdom.org http://www.importasb.org
Kit de herramienta de investigación de ayuda migratoria (<i>inglés y español</i>)	United We Dream	https://www.immi.org/home/index

➔ Los documentos están disponibles para bajarse en: <https://www.slohealthaccess.org/immigration.html>

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